

Here's how a CSA works.

You purchase a "share" from a farm, which entitles you to weekly deliveries of fresh produce throughout a designated season. You pick up your share at the farm or at a convenient drop off site. This arrangement gives you access to the freshest produce available at reasonable prices and a direct connection to "your" farm and food source. Farmers benefit by having a reliable market and a direct relationship with their customers.

Join a CSA Farm!

Become part of our local farm ecology and economy. Part of the beauty of a CSA is you can know the farmer and find out about her or his specific practices. Many of these farms are certified organic by the Washington State Department of Agriculture. Many that are not certified also meet organic standards. Find a farm that captures your interest, call and request more information.



Make a difference!

When we purchase food grown locally, we not only receive great food, but we begin to change our local landscape. Local farms contribute to greater food security and cultural identity, preserve green spaces, attract wildlife and help circulate money within the local economy.



REALLY LOCAL REALLY FRESH

Look for the
PUGET SOUND FRESH
label when you buy produce.

Only farm products that are grown, raised
or harvested in one of the 12 counties
that border Puget Sound can be identified
as

PUGET SOUND FRESH.

For better flavor and better health, ask at
your local market for
PUGET SOUND FRESH.

Help keep our farmers farming,
and our lands and families healthy.

To find **PUGET SOUND FRESH**
farms and farm products, visit:

www.pugetsoundfresh.org

A program of the Cascade Harvest Coalition.
Supported by King and Snohomish Counties.

Community Supported Agriculture

2005 CSA Directory



Support
your local
Farmer

www.pugetsoundfresh.org

This brochure is published by the
King County Agriculture Program



King County

Full Circle Farm

Matt Ewer
 PO Box NE. 8th St
 Carnation, WA 98014
 425-333-4677
matte@fullcirclefarm.com
www.fullcirclefarm.com
 Distribution to Bellevue,
 Bothell, Issaquah, Kenmore,
 Mercer Island, North Bend,
 Redmond, Sammamish,
 Snoqualmie, and 10 locations
 in Seattle. Produce and eggs
 available. Members pay as
 they receive each box
 SM \$27, M \$35, L\$45
 Certified Organic

Growing Things Farm

Michaele Blakely
 11525 Camation-Duvall Road
 NE #B
 Carnation, WA 98014
 425-788-0480
mjb@premierl.net
www.growingthingsfarm.com
 Distribution in Seattle metro
 area, North King County; Pick
 up on-farm or at Columbia
 City, U-District Farmers, Lake
 City and Carnation Farmers
 Markets.
 \$440 full share
 \$220 half share
 Certified organic.

Helsing Junction Farm

Anna Salafsky and Susan Ujeic
 12013 Independence Road
 Rochester, WA 98579
helsingfarm@msn.com
www.helsingfarmcsa.com
 360-273-2033
 Distribution in Seattle, (15
 locations), Olympia and Portland
 \$600 full share \$375 half share
 Certified Organic

Jubilee Farm

Erick and Wendy Haakenson
 229 W Snoqualmie River Rd
 .NE
 Carnation, WA 98014
 425-222-4558
Jubileefarm@hotmail.com
www.jubileefarm.org
 Pick up on farm, Distribution
 in King County
 \$625 per Family share
 \$425 per Couples share

Boistfort Valley Farm

Heidi and Michael Peroni
 426 Boistfort Road
 Curtis, WA 98538
 360-245-3796
info@boistfortvalleyfarm.com
www.boistfortvalleyfarm.com
 Shares available in Seattle,
 Ballard, Capital Hill, Mercer
 Island, Tukwila, Tacoma,
 Olympia, and Centralia.
 On-farm pick up is also avail-
 able.
 \$500 per share
 Certified Organic

Cedarville Farm

Mike and Kimberly Finger
 3081 Goshen Road
 Bellingham, WA 98226
 360-592-5594
cedarville322@mac.com
 Distribution in Whatcom and
 Skagit County.
 \$390 for 23 weeks.
 Certified Organic

**Cultivating Communities
CSA**

Martha Goodlett
 206-684-0540
 2301S Jackson St., Suite 208
 Seattle, WA 98144
martha.goodlett@ci.seattle.gov
www.cityofseattle.net/neighborhoods/ppatch/cultivating.htm
 Distribution in south, central
 and north Seattle
 \$450 full share
 \$250 half share

**Dog Mountain Farm**

Cindy & David, Krepyk
 PO Box 17
 7026 Tolt Highlands Rd NE
 Carnation, WA 98014
 425-333-0833
farmer@dogmtnfarm.com
www.dogmtnfarm.com
 Distribution Eastside. Delivery
 to home or office. Pick up at
 farm.
 Spring salad share
 (20 weeks thru 5/23)
 \$200 delivered/ \$185 farm
 pickup
 Summer CSA share
 (20 weeks 5/30 to 10/10)
 \$600 delivered/\$575 farm pickup
 Spring egg share
 (20 weeks thru 5/23)
 \$90 delivered/\$75 farm pickup
 Summer egg share
 (20 weeks 5/30 to 10/10)
 \$90 delivered/\$75 farm pickup
 All shares can be pro-rated

Kirsop Farm

Genine Bradwin
 6136 Kirsop Road SW
 Olympia, WA 98512
 360-352-3590
 Distribution in Thurston County
 \$400 full share
 Certified Organi

Klesick Family Farm

Tristan Klesick
 24101 Miller Road
 Stanwood, WA 98292
 360-629-5350
tristan@organicproduceshoppe.com
www.organicproduceshoppe.com
 Distribution in Snohomish
 county. Year round home
 delivery, produce from farm and
 other farms in WA, OR, and CA.
 \$21-27 per home delivery

Lake Cavanaugh Farm

Martha Goodlett or
 Becky Brown
 206-725-6345
 27998 Lake Cavanaugh Road
 Mt Vernon, WA 98274
bbrown@drizzle.com
www.lakecavanaughfarm.com
 Distribution in Seattle and Skagit
 County; Pick-up on farm and in
 Seattle.
 \$450 per share

Left Foot Organics

Ann Vandeman 360-402-3748
 PO Box 12772
 Olympia, WA 98508
info@leftfootorganics.org
www.leftfootorganics.org
 Distribution in Olympia and
 Tacoma.
 \$400 full share
 \$200 half share
 \$495 full share with flowers
 Certified organic

Maha Farm and Forest

Anza Muenchow
123 N 55th St
Seattle, WA 98103
206-784-7708
mahafarm@speakeasy.com
Produce and flowers, grown primarily on Whidbey Island. Pick up on farm, Ballard, Greenwood, Phinney, Queen Anne, West Seattle area.
\$300 per share

Nash's Organic Produce

Kia Kozun
1865 E. Anderson Road
Sequim, WA 98382
360-683-4642
nashsorganicgirl@yahoo.com
www.nashsproduce.com
Distribution on Olympic Peninsula; Pick-up on farm or at Port Townsend, Port Angeles and Sequim
\$449 per share for 25 weeks
Certified Organic

Nature's Last Stand

John Huschle
2411 E Roy St
Seattle, WA 98112
425-444-6541
natureslaststand@earthlink.net
www.natureslaststand.net
Distribution and home delivery in Seattle. \$25 – 45 per box weekly or every other week
Certified Organic

Oxbow Farms

Luke Woodward
c/o 9112 30th AveNE
Seattle, WA 98115
oxbowfarm@speakeasy.Net
425-788-1134
Distribution in Seattle and East King County. Pick up in Wedgewood, Central District, Wallingford & Duvall.
\$500 per share
Certified Organic

Persephone Farm

Rebecca Slattery
P.O. Box 158
Indianola, WA 98342
wrich33195@aol.com
360-297-1877
Distribution on Bainbridge Island and North Kitsap County
\$600 per share
\$400 per half share

Pike Place Market Basket

Audrey Lawrence
85 Pike St Rm 500
Seattle, WA 98101
206-774-5239
csa@pikeplacemarket.org
www.pikeplacemarket.org/shop/market_basket/
Distribution in a number of Seattle neighborhoods, Lake Forest Park, White Center and business locations
\$570 credit price
\$545 check price
Certified Organic

Rising River Farm

Jennifer Belknap or Jim McGinn
131368201st AveSW
Rochester, WA 98579
360-273-5368
Jenniferbelknap@yahoo.com
Distribution in Thurston and Lewis Counties.
\$350 per share
Certified organic.

Riversong Farm

Christie Stewart Stein
16384 Donnelly Rd.
Mt. Vernon, WA 98273
360-424-1999
Distribution in Skagit Valley
Pick-up on farm.
\$235 per share

The Root Connection

Claire Thomas
PO Box 267
Woodinville, WA 98072
425-881-1006
www.rootconnection.com
Distribution in Seattle and the East King County
\$690 full share
\$455 half share

Stoney Plains Organic Farm

Patricia Meyer
3808-163rd Ave SW
Tenino, WA 98589
360-273-6786
Distribution in Seattle and Olympia. Pick up at the farmer's markets in Olympia, or Seattle (U-District, Columbia City, West Seattle, Pike Place).
For a 25-week share \$625 full share \$363 half share
For a 20 week share \$500 full share \$300 half share
Certified organic

Terry's Berries

Terry Carkner
4520 River Road
Tacoma, WA 98443
253-922-1604
terryann@nwrain.com
Distribution in Pierce County, South King County; Pick up on farm.
Cost per share varies with season.
Full share \$25/ week average
Half Share \$12.50 - \$15/ week

Winlock Meadow Farm

Susie Kyle
186 Tingle Road
Winlock, WA 98596
360-785-4927
Info@winlockmeadowfarm.com
www.winlockmeadowsfarm.com
Distribution in Thurston, Lewis and Cowlitz Counties
\$400 per Basic share
\$500 per Deluxe share.
\$600 per Royal share (includes 4 meals at a local restaurant)

Whistling Train Farm

Shelley Verdi
27112 -78th Ave. South
Kent, WA 98032
253-859-5197
shelley@whistlingtrainfarm.com
www.whistlingtrainfarm.com
Distribution in Seattle, South King &, North Pierce Counties
Pick up on farm year-round, and in Seattle at Farmer's Markets (Pike Place Market-spring and, U-Dist. and W. Seattle-summer shares).
Spring shares \$150,
Summer share \$350/\$500

Willie Green's Organic Farm

Jeff Miller
19501 Tualco Rd.
Monroe, WA 98272
206-390-7929
Info@williegreensorganicfarm.com
www.williegreensorganicfarm.com
Distribution in Seattle, King County and Snohomish County; Pick up on farm
\$500 full share \$275 half share
Winter shares available. Please call
Certified Organic

Zestful Gardens

Holly Foster
5102 40th St. East
Tacoma, WA 98443
253-232-0811
hollyfoster@hotmail.com
Distribution in Tacoma, Puyallup, Gig Harbor, Seattle, Federal Way and Steilacoom
\$450 per share
Certified organic

Cascade Harvest Coalition



The Cascade Harvest Coalition is a Washington non-profit organization dedicated to building a strong, sustainable regional food system in Western Washington. Since 1999, the Coalition has worked to build capacity to effectively address issues affecting the health and viability of the food and farm system. Through our programs and services, we work collaboratively with others in the community to address the critical issues of farm viability, farm transition, farmer education, farm product marketing, consumer education and community development. We work to build bridges between the farming and non-farming communities.

Cascade Harvest Coalition
4649 Sunnyside Avenue North, Room 123
Seattle, WA 98103
Tel: 206-632-0606
Fax: 206-632-1080
www.cascadeharvest.org

King County Agriculture



The total value of agriculture products sold from King County farms is nearly \$94 million. There are about 1,100 farms in the County and 42,000 acres are designated Agricultural Production Districts. Community Supported Agriculture plays an important role in the economic survival of our local farms.

For more information about King County's Ag Program visit us at;
<http://dnr.metrokc/wlr/lands/agricult.htm>

Quick reference to CSA's serving the area where you live

Seattle Area

Boistfort Valley Farm
Cultivating Communities CSA
Full circle Farm
Growing Things
Helsing Junction Farm
Jubilee Farm
Lake Cavanaugh Farm
Maha Farm and Forest
Natures Last Stand
Oxbow Farm
Pike Place Market CSA Basket
The Root Connection
Stoney Plains Organic Farm
Whistling Train Farm
Wille Green's Organic Farm
Zestful Gardens

East King County

Dog Mountain Farm
Full Circle Farm
Growing Things
Jubilee Farm
Natures Last Stand
Oxbow Farm
Pike Place Market CSA Basket
The Root Connection
Wille Green's Organic Farm

South King County

Boistfort Valley Farm
Terry's Berries
Whistling Train Farm
Zestful Gardens

Tacoma/Pierce County

Boistfort Valley Farm
Terry's Berries
Whistling Train Farm
Zestful Gardens

Olympia/Thurston County

Boistfort Valley Farm
Helsing Junction Farm
Kirsop Farm
Left Foot Organics
Rising River Farm
Stoney Plains Organic Farm
Winlock Meadow Farm

Everett/Snohomish County

Klesick Family Farm
The Root Connection
Wille Green's Organic Farm

Kitsap County

Persephone Farm

Port Angeles/Clallam County

Dungeness Organic Produce

Whatcom County

Cedarville Farm

Whidbey Island

Maha Farm and Forest